



Fitness, Friendship
& Fun

Carine Masters Swimming NEWSLETTER

November 2012

Carine Masters Swimming Inc, established in 1977. The first Masters Swimming Club in WA



Carine Masters,
sponsored by:



IMPORTANT SOCIAL DATES

1) You should have received your invitation to the Club's end-of-year/Christmas function, which will be a breakfast, to be held at Savannah Restaurant, Observation City, Scarborough on Sunday, 16 December, 8.15am. Enjoy a fantastic buffet meal while you watch the ocean. RSVP to carinemastersswimming@gmail.com or phone Lois Fleming—see invitation for details.

2) Happy Hour is on again this Wednesday, 28 November, 7.30pm (after training) in the café at Craigie Leisure Centre. You don't have to have been at training to come along. We'd just love to see you and share a cuppa..

CLUB CAPTAIN'S REPORT

Members numbers at training picked up in the lead up to the Osborne Park BACC event held at Tuart College on 25 November. We had nine competitors on the day and some great success. We managed two relay teams in both relays (4x50 free mixed and 4x50 medley mixed), and there are rumours around the pool that David Laws may have secured a record in the 50m breaststroke. Both David and Jane won prizes in the raffles. All our competitors represented the club very well and a number of personal best times were achieved. It was great to see so many members in attendance - including Marcel Haughey who joined us for his first meet. In other news, preparations for the Australia day swim are well underway and we are encouraging all club members to volunteer for a few hours on the day if you are able.

Ed note: *On the subject of ADS, which is our major fundraiser each year, you will have received an email from Jane Laws about being one of our much loved volunteers. And there's nothing onerous about volunteering for an event as well run as this one. There's also free coffee, a snack, and of course the prospect of a cool swim on a warm morning after the event—lovely.*

PRES' PRATTLE

This month I want to share some of the points from MSWA's November Council of Clubs meeting.

1) We unanimously confirmed the Board's proposal of a new award. The Perc Edwards Volunteer of the Year Award will honour the wonderful, long-time contribution to MSWA by the late Perc Edwards.

2) Congratulations from all members to Carol-Ann Infante for 3 new short-course State Records: 1500m Breast – 26min.01.10 sec in September; 800m IM – 13min.23.00sec; and 400m Fly – 6min.57.72sec in October.

3) WA's National Delegate Lynne Malone reported a plaque will be awarded to members who swim – wait for it... 15 and 20 Million Metres! That's for those who've done the First Million Metres or 10! Get Swimming!

4) Lynne also outlined a billeting program she has helped develop through [Eventstay](http://Eventstay.com.au), which offers alternative accommodation at future national championships (Sydney 2013; Rockhampton 2014; Melbourne 2016; Hobart 2017). Costs will be \$55/night single or \$65/double, with a proportion of costs going to clubs. A Power Point presentation explaining the concept is available from info@eventstay.com.au.

5) Healthways "Be Active" message will be replaced with Healthways "LiveLighter" in 2013. Look out for new signage and brochures, or visit the website [here](#). It's got some great recipes.

6) In news from other clubs, Osborne Park Masters will soon become Beatty Park Masters.

7) MSWA welcomed two new suburban clubs. Bayview Club will operate from St Hilda's Girls School pool, and Central Aquatic from Bayswater Pool.



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SOMEONE SAID:

- ◆ Rachel Wright recently completed a 5km run—well done to Rachel.
- ◆ Carol-Ann Infante and Denise Vercoe have been unwell. We wish you both a speedy recovery.

VALE PERC EDWARDS

Stalwart Masters swimmer and well-known technical official Perc Edwards died recently following his regular swim with his Claremont Masters friends. Many of our members also counted him as a friend; indeed nine of our number were among the 200+ mourners at his funeral. Others among us will remember Perc as the smiling, bearded MSWA official who never seemed to miss an inter-club meet. Perc was a Technical Official for more than 20 years. "His outgoing personality will be missed by all the swimming fraternity," said Jane Laws.

WEBSITE

Take a look at our revamped [website](#)—many thanks to Jane and Andrew Laws.

TRAINING AT CRAIGIE IN 2013



Wednesday night training at Craigie will continue in January (and throughout the year of course) but at the new time of 7pm-8pm.



HAPPY BIRTHDAYS FOR NOVEMBER TO:

Kerry Hodson (28th)

HAVE A GREAT DAY AND A GREAT YEAR



CALENDAR OF EVENTS

- 1 Dec 2012 Narrogin Masters Open (long course), Narrogin Leisure Centre
- 8 Dec 2012 Fremantle Ports swim-thru, 400m & 1600m events (individuals & teams), South Beach South Fremantle.
- 16 Dec 2012 Bicton Bay and Back River Swim, 1.5km & 3km
- 13 Jan 2013 Xstrata Nickel Swim Thru Perth, Matilda Bay, 4km solo, 1.6km solo & teams
- April 2013 [National Championships](#), Sydney Olympic Park, Homebush, NSW

NEXT MEETING

The next committee meeting will be held on Monday at 7pm, 3 December, at Lois Fleming's house, 43A Somerton Rd, Karrinuup. Please send agenda items to carinemasters@gmail.com. All members are welcome to attend.

CARINE MASTERS SWIMMING (Inc)

Swimming at Craigie Leisure Centre

Mondays 9:30am, outdoor pool for training; Wednesday 6:30pm to 7.30pm, indoor pool, coaching.

POSTAL ADDRESS

PO Box 2468 Warwick WA 6924

CLUB PEOPLE

Patron: Dr Kay Cox . President: Margaret Roffman. Secretary: Rachel Wright
Treasurer: David Laws; Vice President: Marie Stoakes. Club Captain: Dean Cox. Newsletter Editor: Kerry Hodson.
Publicity Officer: Jane Laws. Coach: John Burns.

[Carine Marsters Online](#)

Webmaster: Andrew Laws

Club Email address: carinemasters@gmail.com **Club Captain Email address:** carineclubcaptain@hotmail.com

[Masters Swimming WA](#)

MSWA - Email address: info@mswa.asn.au

Check the MSWA web site for events, results, records and rankings plus general information about Masters Swimming.