



Fitness, Friendship
& Fun

Carine Masters Swming NEWSLETTER

April 2013

Carine Masters Swimming Inc, established in 1977. The first Masters Swimming Club in WA



Carine Masters,
sponsored by:



A SUCCESSFUL CLUB

We may be a small club, but our members keep enjoying success. Some hold swimming records; some are age champions; some are ranked in the top ten in their age group at State and National levels; some have achieved significant personal swimming goals, taking seconds from personal best times, perfecting swim techniques and even learning new swim strokes; some have qualified or are on their way to qualifying as swimming officials and coaches. And the Australia Day Swim holds much pride for its enduring success and for the esteem in which it is held by all involved. Among our members are those who have welcomed children and grandchildren into their lives, exhibited art, run marathons and triathlons, played great golf, performed at dance concerts, and watched and shared with us their children's success. At our last swim meet, we also shared the excitement and pride of some of those children, who came along to watch their parents and grandparents give of their best. It is a privilege to share these things, and a privilege too to be able to support those who may need it from time to time. This is friendship. Thank you.



West Coast participants Rachel Wright, James Duncan, Denice Vercoe, Di Jacoby, Lois Fleming, John Bell. Not pictured are David Davies, Madeleine Erskine, Megan Tetley, Kerry Hodson



Rachel Wright and Marcel Haughey before their open water swim at Coogee.

PRES' PRATTLE

Vale long-time Carine member Bob Hardwick, who passed away in March, aged 87. Carine Masters extends our sympathy to his wife Nell, who many of us know well, and children, Helen, Ian and families. Bob had many interests and talents - he liked to paint and was a Friend of the Art Gallery. Nell and he traveled often, visiting their children in South Australia and Port Hedland. As a young man, Bob served in the RAAF in WWII, as a pilot in Egypt. He grew up in York, WA and his career with C.P. Bird Accountants meant country appointments until moving to Perth. An active member of our Club from 1985 till about 2000, he and Nell were regular attendees at our social events, including our Christmas Breakfast in 2012. Bob used to regale us with tales of training in his backyard pool and with Richard Hartley at Bold Park. He was at his best in breaststroke, and also swam freestyle, competing often. Five Carine members attended Bob's large funeral - Kay Cox, Maureen Faithfull, Richard Hartley, Lynne Malone and Marg Roffman. We'll miss you Bob!!

Please keep some time free to help with our **Sausage Sizzle at Bunnings Balcatta on Sunday 14 July**. Please don't leave it to others. Fundraising benefits us all, allowing us to subsidise club fees, carnival entries, lane hire, coaching, club gear, clothing, and social events.

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On that note, I draw your attention to **Carine Master's 36th Birthday Happy Hour at the Soda Lounge, North Beach Plaza – between 5pm to 6.30pm**. Nibbles and drinks – soft drinks, beer and wine – will be provided. For those who don't know, Carine AUSSI – now Masters - first met at the private Carine Indoor Pool (since demolished) on 27 April 1977. Our mascot Percy the Platypus was chosen because "he comes out at night to swim".

Ed note: Margaret has agreed to continue as President of our club for the rest of the year.

Thank you Margaret.

Maybe it's time for the some of us to think about stepping, if not into Margaret's fabulous shoes, into those of committee member. Our AGM is not due until next year, but it's never too early to start thinking.

CLUB CAPTAIN'S REPORT

Congratulations to those who represented us at the West Coast carnival at Craigie, with special mention to Rachel Wright who slashed her 50m freestyle time by 5 seconds, and David Davies who blitzed the final leg of a medley relay for a Carine victory. David also represented us at the Nationals this month, coming 4th in his 65-69 years age group for 50m freestyle (31.85sec), 6th in 100m freestyle (1min 14:51s) and 7th in 200m freestyle (3min 1:50sec). Congratulations David.

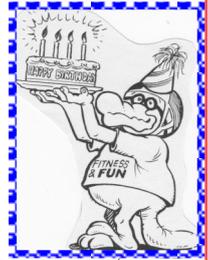
May brings some longer distance events and also the State Championships on 25-26 May. Good luck to all who are having a go.

This is my last report before I hand over the Club Captain role to Carol-Ann Infante. Entries

HAPPY BIRTHDAY FOR APRIL:

Vanessa Holman

BEST WISHES FOR YOUR SPECIAL DAY AND THE YEAR



for events can still be sent to the same address: carineclubcaptain@hotmail.com.

Ed note: Many thanks to Dean for all his work as our Club Captain, and welcome to your new role, Carol Ann.

WELCOME TO NEW MEMBERS

Glenys Eagles, Grant Erskine, Tony Infante, Megan Tetley. Happy swimming.

CALENDAR OF EVENTS

4 May 400/800m distance meet, Leisure World, Thornlie

25-26 May Masters State Championships, Challenge Stadium

INTRODUCTORY COACHING COURSE

As well as helping others, coaching skills help improve your own swimming. Masters Swimming WA's next Introductory Coaching Course will run on 17 & 24 August. Why not book in? Email wendy@mswa.asn.au for more details.

NEXT MEETING

... will be at 10 Denmark Way Warwick, 7pm, Monday 13 May. Please send agenda items to carinemasters@gmail.com. All members are welcome to attend .

CARINE MASTERS SWIMMING (Inc)

Swimming at Craigie Leisure Centre

Mondays 9:30am, outdoor pool for training; Wednesday 6:30pm to 7.30pm, indoor pool, coaching.

POSTAL ADDRESS

PO Box 2468 Warwick WA 6924

CLUB PEOPLE

Patron: Dr Kay Cox . President: Margaret Roffman. Secretary: Rachel Wright

Treasurer: David Laws; Vice President: Marie Stoakes. Club Captain: Dean Cox. Newsletter Editor: Kerry Hodson.

Publicity Officer: Jane Laws. Coach: John Burns.

Carine Marsters Online

Webmaster: Andrew Laws

Club Email address: carinemasters@gmail.com **Club Captain Email address:** carineclubcaptain@hotmail.com

Masters Swimming WA

MSWA - Email address: info@mswa.asn.au

Check the MSWA web site for events, results, records and rankings plus general information about Masters Swimming.