



# Carine Masters Swimming NEWSLETTER APRIL 2016

Established in 1977, the first Masters Swimming Club in WA



## CARINE 39<sup>TH</sup> BREAKFAST

On 17<sup>th</sup> April 2016, a total of twenty-two club members and family celebrated the 39<sup>th</sup> anniversary of the formation of Carine Masters. Formed on April 27<sup>th</sup> 1977, the club was the beginning of the masters swimming movement in WA. And now it is a huge organisation. Check out the Masters Swimming WA website: <mswa.asn.wa> for more information.

Thanks to Lois Fleming for organising our breakfast and thanks to all those who attended. Straits Restaurant in the Rendezvous Grande Hotel, Scarborough, overlooks Scarborough Beach and is the perfect venue. We had a lovely corner section of the restaurant, away from the bustle of the food area but close enough for easy access. There was a good selection of food with something there to suit everyone's taste.

We enjoyed catching up with everyone especially our Club Patron Kay and her husband Wally, intrepid travellers of this vast land, Vanessa and Bill Holman and long time supporters of the club, Karen and Martin Smith. It was lovely that Club Secretary, Margaret Roffman was able to attend just 16 days after her total hip replacement! That is no mean feat. Also on the guest list were our club President, David Davies, Vice President, Marie Stoakes, Club Captain / Coach David Laws, Web Master, Andrew Laws with his family, and several other club members and if I named everyone it

would take too much space. Suffice to say, it was a lovely day.

## ALMOST 40!

Now is a good time to remind members that Carine will commemorate it's 40<sup>th</sup> anniversary next year.

We will need to start looking at ways to celebrate this milestone in an appropriate way. For instance, would it be a good idea to search out former members and invite them along to the party? We did that for our 30<sup>th</sup> anniversary and it was amazing how many came along to enjoy the camaraderie.

Your thoughts will be welcome, just email the committee at [carinemas-ters@gmail.com.au](mailto:carinemas-ters@gmail.com.au)

## WATERMAN TO THE WALL – OPEN WATER SWIM RUN BY SORRENTO SURF CLUB

Two of our swimmers, new member, Karen King and Tim Powell took on this challenging event which is more of a 'Biathlon' than a 'Swim Thru'.

Swimmers gathered at the Sorrento Surf Club Rooms then walked south to Waterman's Bay, about 1.5kms.

Then they faced a 2.7 kilometres swim to the "Wall", that is the Hillarys Boat Harbour wall.

In a calm sea, with a gentle north westerly breeze blowing, the 200 or so swimmers had reasonable conditions for the event. Stingers were a bit of an issue and it was noted that many took advantage of being allowed to wear wetsuits. We didn't notice anyone being unduly distressed by conditions or stingers.

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**WE HOPE THE FOLLOWING MEMBERS WHO RECENTLY CELEBRATED THEIR BIRTHDAYS HAD A LOVELY DAY TO REMEMBER:**

*Allison Adriansz on 2nd April*

*Bianca Galipo on 7th April*

*Vanessa Holman on 16th April*

Spectators had an excellent vantage point in front of the Sorrento Surf Club where coffee and breakfast of bacon and egg rolls were on sale.

After swimming all that distance, competitors then had to walk back to the surf club rooms, a distance of about 300 metres! Congratulations to Tim and Karen who were supported by Tim's wife, Kylie and club members, Ross O'Donoghue, David Laws, yours truly and Ross's wonderful dog, Tyson.

Paul Laver won the event in spectacular style. He could be seen powering through the water along the coast, following the surf club boat escort.

You can see more about the swim by following this link.

<https://www.facebook.com/groups/1495828234053046/?fref=nf>

Ask Tim and Karen what they thought of the swim. Although it is not a MSWA event, it is on our "doorstep".



L-R Club Captain David Laws, Tim and his wife Kylie.

L-R: Ross, Karen, Tim and Kylie and in the foreground, Tyson.



### WHAT'S NEXT?

Our next event is this coming Sunday, 1<sup>st</sup> May, the Westcoast Masters Live Lighter Club Challenge (LLCC). Unfortunately numbers are low but we will have a good men's relay team. Good luck to all our swimmers,: Lois Fleming, Vanessa Holman, Karen King, David Davies, James Duncan, Tim Powell and David Laws. Swim for fun and enjoy the friendship!

### THOUGHT OF THE MONTH:



**"When the going gets tough, the tough get going" Joseph P. Kennedy**  
(1888—1969)

### CARINE MASTERS SWIMMING (Inc)

Swimming at Craigie Leisure Centre

Mondays 8.00am, outdoor pool for training; Wednesday 6:45pm to 8.00pm, indoor pool, coaching.

**POSTAL ADDRESS:** PO Box 2468 Warwick WA 6924

### THE COMMITTEE FOR 2016:

President: David Davies. Secretary: Margaret Roffman Treasurer: Rachel Wright; Vice President: Marie Stoakes. Club Captain: David Laws. Registrar : David Laws Social Director: Lois Fleming Newsletter Editor: Allison Adriansz Coach: Kerry Hodson, John Burns, Committee Members: Jane Laws & John Bell Club Patron: Dr Kay Cox .

[Carine Masters Online](#): Webmaster: Andrew Laws

**Club Email address:** [carinemasters@gmail.com](mailto:carinemasters@gmail.com) **Club Captain Email address:** [<carineclubcaptain@hotmail.com>](mailto:carineclubcaptain@hotmail.com)

[Masters Swimming WA](#)

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